

**Appendix 1:**  
**The Backgrounds to Participants in the Text**

| <b>Code</b>  | <b>Association with Stoneleigh<br/>Group partners</b>  | <b>Role in Stoneleigh Project</b>   |
|--------------|--|---|
| Adam<br>(M)  | Young person from Weston Spirit.   | Young person and then host community member.                                    |
| Alex<br>(M)  | Mentor and facilitator with Weston Spirit. Management team member.   | Attended most retreats as mentor and then facilitator.                          |
| Andy<br>(M)  | Invited chairperson of the Stoneleigh Group and the management team.   | N/A.  |
| Ben<br>(M)   | Volunteer and then member of staff from Endeavour Training.  | Young person then mentor at Camas.  |
| Brad<br>(M)  | Young person from Mobex, Cumbria.  | Attended the Gillerthwaite retreat and follow up and the concluding conference. |
| Beth<br>(F)  | Young person from Endeavour.   | Attended first Camas retreat.   |
| Clare<br>(F) | Member of Brahma Kumaris community. Representing Brahma Kumaris at Stoneleigh Group meetings.                      | N/A.  |
| Clive<br>(M) | Student at St. Martin's College. Conducted research into spirituality at the end of the first phase of evaluation. | Young person and then host community member at Cae Mabon.                       |
| Colin<br>(M) | A director of the Rank Foundation.   | N/A.  |

| <b>Code<br/><i>cont.</i></b> | <b>Association with Stoneleigh<br/>Group partners <i>cont.</i></b>          | <b>Role in Stoneleigh Project <i>cont.</i></b>                       |
|------------------------------|---|--|
| Emma<br>(F)                  | Mull resident and artist.   | Volunteered to provide art sessions at Camas.                        |
| Gordon<br>(M)                | Young person.   | Participant and then Camas host community member.                    |
| Hannah                       | Young person with Mobex and later Eden Community Outdoors.                  | Attended the Gillerthwaite retreat.                                  |
| Heather<br>(F)               | Co-ordinator of Camas.  | Led the community at Camas during the four retreats held there.      |
| Ian<br>(M)                   | Staff member of Mobex.  | Mentor at Gillerthwaite.   |
| Jack<br>(M)                  | Adult involved in Brahma Kumaris.   | Host community member at Cae Mabon.                                  |
| James<br>(M)                 | Evaluator. Management team member.  | N/A.   |
| Jill<br>(F)                  | Director of the Wrekin Trust. Administrator for Stoneleigh Group 2002–2004. | N/A.   |
| Joanne<br>(F)                | Camas Resident.   | Host community member.   |
| Justin<br>(M)                | Young person from Endeavour Training.                                       | Attended the first Camas retreat.                                    |
| Liz<br>(F)                   | Founder and co-ordinator of Eden Community Outdoors.                        | Mentor and host community member, Gillerthwaite.                     |
| Lucy<br>(F)                  | Associate of Threshold. Facilitator and management team member.             | The main retreat facilitator. Also developed the training programme. |
| Mac<br>(M)                   | Staff member of Eden Community Outdoors.                                    | Mentor and host community member at Gillerthwaite.                   |
| Martin<br>(M)                | Young person from Prince's Trust.   | Attended first Camas retreat.  |

| <b>Code<br/><i>cont.</i></b> | <b>Association with Stoneleigh<br/>Group partners <i>cont.</i></b>  | <b>Role in Stoneleigh Project <i>cont.</i></b>  |
|------------------------------|---|---|
| Mary<br>(F)                  | MO4's three year old daughter.                                      | Attended the Gillerthwaite retreat and follow up.   |
| Matt<br>(M)                  | Camas resident and gardener.  | Host community member.  |
| Max<br>(M)                   | Camas committee member and resident on Iona.                        | Provided boat trips for Camas guests.   |
| Neil<br>(M)                  | Advisory Committee member of Camas.                                 | N/A.  |
| Nick<br>(M)                  | Senior manager of the Prince's Trust. Member of the forum.          | N/A.  |
| Paul<br>(M)                  | Young person from Endeavour Training.                               | Attended the first Camas retreat.   |
| Phil<br>(M)                  | Retired director of Endeavour Training and the Arthur Rank Centre.  | Co-founder with C01 of the Stoneleigh Project   |
| Rose<br>(F)                  | Young person from Endeavour Training.                               | Young person on two programmes (Camas), then host community member and finally a mentor (Cae Mabon).                            |
| Sarah<br>(F)                 | Young person from Weston Spirit.                                    | Attended a retreat as a young person (Camas) and a second as a host community member (Cae Mabon). She also trained as a mentor. |
| Shaun<br>(M)                 | Member of staff from Endeavour Training and management team member. | Mentor at Camas, Cae Mabon and Gillerthwaite.   |
| Steve<br>(M)                 | Young person from Endeavour Training.                               | Attended two of the retreats at Camas, and then became a host community member and attended mentor training.                    |

| <b>Code<br/><i>cont.</i></b> | <b>Association with Stoneleigh<br/>Group partners <i>cont.</i></b> | <b>Role in Stoneleigh Project <i>cont.</i></b> |
|------------------------------|--|--|
| Tom<br>(M)                   | Young person from the Prince's<br>Trust.                           | Attended the Gillerthwaite retreat.            |
| Trevor<br>(M)                | Young person from Eden<br>Community Outdoors.                      | Attended the Gillerthwaite retreat.            |